

WAYS TO GET CLOSER TO YOUR PARENTS:

Be Smart with the Time You Have

Dr. Isolina Ricci, Ph.D.



USE TIME IN THE CAR

To share thoughts and news.



HELP YOUR PARENTS DO SOMETHING

Use that time to talk and
be together.



INVITE YOUR PARENTS TO TEACH YOU SOMETHING

Such as gardening, sewing,
repairing a bike tire, playing
chess, cooking.

Ricci, I (2006). *Mom's house, dad's house for kids*. Simon & Schuster

F.A.I.R. SOLUTIONS

Providing mediation to resolve differences amicably,
interpersonal skill coaching, and communication training.

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