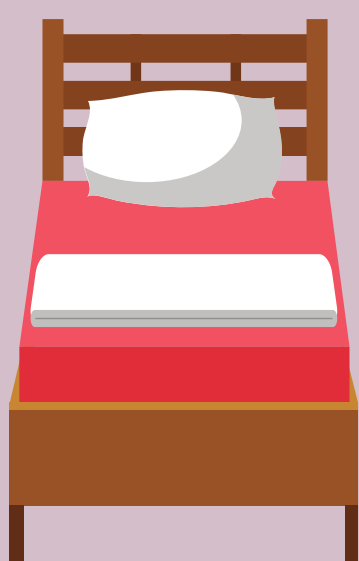


MAKING YOUR PARENT'S NEW PLACE FEEL LIKE HOME

Dr. Isolina Ricci, Ph.D.



YOUR BED

Whenever you move into a new place, you first want to know where you are going to sleep. When a new place is getting organized, some kids might sleep on the sofa or in a sleeping bag. Other kids might share a room or even have their own room in the new home.

YOUR PERSONAL SPACE

If you don't yet have your own private space, it may be that your parent is busy and forgot. You can remind them by saying something like, "Can we find a spot that is my own private space just for my stuff?"



CHECKING OUT THE NEW NEIGHBORHOOD

Take a walk with your parent and check out the neighborhood. You can get some private time with your parent and you can also find out where to go for things, what is out of bounds or best avoided, where there are bus stops and local stores.



HAVE FRIENDS OVER

Talk to your parents about having your old friends visit at your new place. If you meet new kids, invite them over ... Maybe your neighborhood doesn't have any kids your age. Try to make the best of it... Get involved in a program you like at your new school or in your town.



Ricci, I (2006). *Mom's house, dad's house for kids*. Simon & Schuster

F.A.I.R. SOLUTIONS

Providing mediation to resolve differences amicably, interpersonal skill coaching, and communication training.

Molly K. Olson | www.fairsolutions-LLC.com

© 04/2020